

YOUTH PROGRAMS (AGES 8-17 YRS)

ARTS - CREATIVE & PERFORMING

YOUNG WRITER'S WORKSHOP WITH STORY STUDIO (11-13 YRS)

Are you a young writer looking to take the next step with your stories? During six one-hour sessions, participants will learn about plot structure, compelling characters, and other essentials for crafting fiction. Learn from Story Studio staff and experienced visiting local authors. Participants will receive their own bound and illustrated book with their original story inside.

Oaklands Neighbourhood House 6/\$90
M Apr 29-Jun 10 5:45-6:45 pm
*No class May 20

SELF-REFLECTION THROUGH LIVE DRAWING (12-16 YRS)

Self-reflection leads to self-discovery. This class is a comprehensive introduction to different approaches and techniques in drawing. Students take turn in drawing each other, and themselves through a mirror where principles of drawing and facial proportions are explored. The processes include techniques of observing and responding, value of lights and shadows, and use of lines and shapes in creative imageries. Students provide peer reviews while learning to offer constructive feedback to each other. A variety of materials are offered as tools for experimentation including charcoal, different types of pencils, and inks.

Oaklands Neighbourhood House 6/\$150
W Apr 10-May 15 5:45-7:15 pm
W May 22-Jun 26 5:45-7:15 pm



DROP-IN



FLIPOUT FRIDAYS (9-12 YRS)

Dodgeball, baking, outdoor games, swimming and movie nights are just a few of the activities you can expect for your FlipOut Friday nights. We provide a fun, safe and welcoming environment for youth to participate in their favourite activities and try new ones. No FlipOut on STAT holidays or Pro-D Days.

Oaklands Community Centre Drop-In/\$5
F Apr 5-Jun 21 6:30-9 pm

SUMMER FLIPOUT FRIDAYS (9-12 YRS)

Dodgeball, baking, outdoor games, swimming and movie nights are just a few of the activities you can expect for your FlipOut Friday nights. We provide a fun, safe and welcoming environment for youth to participate in their favourite activities and try new ones. For a schedule, check out our website calendar. No FlipOut on STAT holidays or Fridays before long weekends.

Oaklands Community Centre Drop-In/\$5
F Jul 5-Sep 6 6:30-9 pm

YOUTH PROGRAMS (AGES 8-17 YRS)

HEALTH & WELLNESS

KIDS AT TENNIS SOCIETY (KATS) TENNIS LESSONS

The Society for Kids at Tennis (KATS) provides free tennis lessons and equipment to families experiencing financial barriers. Using the “progressive tennis” approach recommended by Tennis Canada, the KATS program uses smaller racquets and courts, lower nets, and low compression balls. This approach helps kids to develop confidence in their ability to hit the ball, learn quickly, and most of all, have fun playing the sport! Kids will be introduced to the fundamental skills which form the foundation for future development. Please contact us for application forms. Classes subject to last minute cancellation due to rain.

Oaklands Park Tennis Courts (on Kings road) 10/FREE

9–13 yrs

Th Apr 18–Jul 11 5–6 pm

Th Jul 18–Oct 10 5–6 pm

14–18 yrs

Th Apr 18–Jul 11 6–7 pm

Th Jul 18–Oct 10 6–7 pm

YOGA FOR KIDS (8–12 YRS)

Youth will be introduced to poses, sequences and breathing exercises that will help boost confidence, strengthen the body and improve posture. Participants will leave this class with a yoga toolbox to help manage stress and tension. This class will also explore partner yoga, meditation and yoga games!

Oaklands Community Centre 6/\$54 or Drop-in \$11

W Apr 10–May 15 3:30–4:30 pm

W May 22–Jun 26 3:30–4:30 pm

YOGA FOR YOUTH (12–16 YRS)

Sometimes it’s difficult being a teenager! Come and join our small, friendly group to learn movement and mindfulness exercises to help relieve stress and tension. The focus of this class will be to empower you to take little steps towards navigating social and school nerves, finding a little slice of calm, and learning skills that will equip you to manage stress for life.

Oaklands Community Centre 6/\$54 or Drop-in \$11

W Apr 10–May 15 4:30–5:30 pm

W May 22–Jun 26 4:30–5:30 pm

LEARN FOR LIFE

FRENCH FOR KIDS (8–12 YRS)

Striking a balance between fun and serious, this program offers rigorous academic objectives while entertaining children with games and diverse activities. Led by an experienced instructor from a French-speaking country, the program is designed to facilitate participation and confidence in all aspects of the language.

Oaklands Neighbourhood House 6/\$60

Tu Apr 9–May 14 6–7 pm

Tu May 21–Jun 25 6–7 pm

HOME ALONE (9–12 YRS)

This program teaches children to be more confident and capable, should they find themselves home alone. Topics include safety in the home, stranger awareness, fire prevention, internet safety, and injury prevention.

Oaklands Neighbourhood House 1/\$25

M Apr 8 6–8 pm

M Jun 17 6–8 pm

M Aug 12 6–8 pm

YOUTH PROGRAMS (AGES 8-17 YRS)

RED CROSS BABYSITTING COURSE (11-15 YRS)

The Canadian Red Cross Babysitting Course covers everything from managing difficult behaviours to essential content on leadership and professional conduct as a babysitter. Babysitting helps to deepen and enhance the responsibility that older youth feel when caring for younger children. This updated curriculum, complete with new science, also provides improved learning when it comes to giving the appropriate care in the event of an emergency. Please bring a lunch, water bottle, notebook, and pen to class. Held at Oaklands Chapel 2736 Fernwood Rd.

Oaklands Chapel		1/\$50
F	Mar 22	9 am-4 pm
F	Apr 12	9 am-4 pm
F	May 17	9 am-4 pm

SPORTS

BASKETBALL (9-17 YRS)

Come to Oaklands Elementary School gym and practice your basketball skills. Equipment is provided; just bring a pair of non-marking shoes and some energy! No games on STAT holidays or Pro-D days. Parents welcome to participate and food donations welcome.

Oaklands Elementary School Gym	FREE	
Tu	Apr 2-Jun 18	4:30-6 pm

FLOOR HOCKEY (9-17 YRS)

Come out and practice your hockey skills off the ice. Equipment provided, just bring a pair of non-marking shoes and some energy! No games on STAT holidays or Pro-D days. Parents welcome to participate.

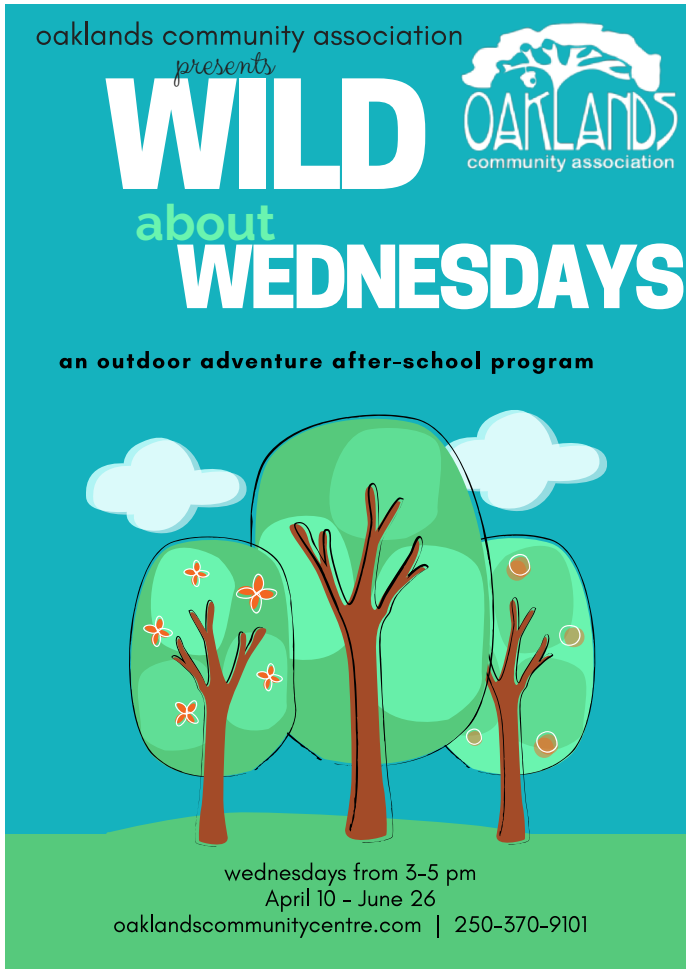
Oaklands Elementary School Gym	FREE	
F	Apr 5-Jun 21	4:30-6 pm

OUTDOOR RECREATION

WILD ABOUT WEDNESDAYS (5-10 YRS)

This weekly outdoor program explores the parks and green spaces in Oaklands and the Greater Victoria area. Join us in the great outdoors to learn about the natural world through active, hands-on activities like hiking, playing nature games, crafts, fort-building, and more! Spending time outside helps kids build confidence and creativity, teaches responsibility, and benefits physical and mental health. Snack included.

Oaklands Community Centre	Drop-in/\$10	
W	Apr 10-Jun 26	3-5 pm



oaklands community association
presents
WILD
about
WEDNESDAYS
an outdoor adventure after-school program

wednesdays from 3-5 pm
April 10 - June 26
oaklandscommunitycentre.com | 250-370-9101

The poster features a vibrant blue background with a green grassy field at the bottom. Three stylized trees with brown trunks and green foliage are scattered across the field. The text is arranged in a clean, modern font, with 'WILD' in large white letters and 'WEDNESDAYS' in even larger white letters. The 'about' is in a smaller, light green font. The Oaklands Community Association logo is in the top right corner.