

# PRESCHOOL ACTIVITIES (AGES 0-5 YRS)

## DROP-IN

### DROP-IN PLAYGROUP - TINY TYKES (0-5 YRS)

This is your opportunity to let your kids play with others, meet your neighbours and enjoy our informal family play space. Our playgroup's large toy collection, activity tables and circle time with instruments serve as a stepping stone to prepare your children for preschool and daycare. Coffee, tea and snack provided. There is no playgroup on Wednesdays, holidays, Pro-D days or school breaks. Maximum four children per one adult.

**Oaklands Community Centre** \$3 suggested donation  
M,T,Th,F Jan 8–Jun 28 9:30–11:30 am

## ARTS - CREATIVE & PERFORMING

### LITTLE DANCERS (18–36 MONTHS)

Taught to popular children's music such as the Wiggles, Raffi, Winnie the Pooh etc. This fun-filled multi-sensory class will expand on your child's movement vocabulary, enhance brain development and enrich their imagination. Children move from free movement, stretching, sleeping bunnies, to activities with teddy bears, hoops, parachutes, balls and more. Parent or caregiver participation required. Instructor: Stages Performing Arts School

**Oaklands Community Centre** 5/\$45  
55222 M May 7-Jun 11 10–10:45 am  
\*No class May 21

### JAZZ & HIP HOP (3–5 YRS)

This class is a combination of jazz and hip hop that gives dancers a strong foundation of dance technique in both styles. In both the jazz and hip hop segments of each class dancers will also learn how to combine basic steps from both dance styles into a dance that can be presented at the end of the session. Instructor: Stages Performing Arts School

**Oaklands Community Centre** 5/\$45  
55223 M May 7-Jun 11 10:45–11:30 am  
\*No class May 21

### MINI BALLET (3–5 YRS)

A fun dance and movement class designed to foster creativity and imagination while introducing young dancers to the building blocks of ballet. Instructor: Pirouette Dance Studio

**Oaklands Community Centre** 8/\$72  
55213 Sa Apr 14–Jun 16 9:45–10:30 am  
\*No Class May 12 & May 19

### ART ATTACK (3-5 YRS)

By drawing or painting to music, students will learn to identify the similarities between music and art. In this exciting action-packed class, we'll explore painting to all kinds of different music using watercolour paints, watercolor pencils, adding pastels, combining bright acrylic colours and playing with textures on canvas like real artists!!! Be inspired by a variety of music each class... and truly paint up a storm! Portfolio of work in various colour schemes, styles, and themes to take home!

**Oaklands Community Centre** 6/\$96  
55233 Sa Apr 14–Jun 2 11:30 am–12:30 pm  
\*No Class May 12 & May 19



# PRESCHOOL ACTIVITIES (AGES 0-5 YRS)

## HEALTH & WELLNESS

### SPORTBALL PARENT & CHILD MULTI-SPORT (16–24 MONTHS)

This 45-minute program is the perfect introduction to Sportball. Children and parents participate in our 8 core sports including hockey, tennis, baseball, basketball, volleyball, golf and football along with lots of creative games, stories, songs, rhymes, stories, bubble time and more! Parent participation required.

<b>Oaklands Community Centre</b>	<b>7/\$98</b>
55007 Sa Apr 21–Jun 16	9–9:45 am
55008 Sa Jul 7–Aug 25	9–9:45 am

\*No Class May 12, May 19 & Aug 4

### SPORTBALL – PARENT & CHILD INDOOR MULTI-SPORT (2–3 YRS)

Sportball parent and child programs focus on physical literacy and social exploration as toddlers learn fundamental sport skills and participate in creative motor games, in 8 different popular sports. Children are challenged according to their individual skill level and grownups are taught techniques to help toddlers refine motor skills while developing social skills. Sportball maintains a one parent per child ratio policy to ensure that focus is kept on helping little ones practice and progress. Parent participation required.

<b>Oaklands Community Centre</b>	<b>7/\$98</b>
55007 Sa Apr 21–Jun 16	9–9:45 am
55008 Sa Jul 7–Aug 25	9–9:45 am

\*No Class May 12, May 19 & Aug 4

### SPORTBALL PARENT & CHILD OUTDOOR SOCCER (2–3 YRS)

Develop skills and learn new techniques to help your child learn the game of soccer. Children and caregivers are taught fundamental concepts of game play including throw-ins, dribbling, trapping, passing, goalie skills and more. Parent participation required.

<b>Oaklands Community Centre</b>	<b>6/\$84</b>
55011 Th Apr 5–May 10	5:15–6 pm
55012 Th May 17–Jun 21	5:15–6 pm

<b>Oaklands Community Centre</b>	<b>9/\$126</b>
55013 Th July 5–Aug 3	5:15–6 pm

### SPORTBALL MULTI-SPORT (4–6 YRS)

Refine, rehearse, repeat. Multi-sport classes are the heart of Sportball programming. Coaches focus on the basic skills common to all sports like balance, coordination, stamina, and timing in a fun, supportive, non-competitive setting that emphasizes teamwork. Each class focuses on one of 8 different popular sports: hockey, soccer, football, baseball, basketball, volleyball, golf and tennis.

<b>Oaklands Community Centre</b>	<b>7/\$98</b>
55014 Sa Apr 21–Jun 16	10:30–11:30 am
55015 Sa Jul 7–Aug 25	10:30–11:30 am

\*No Class May 12, May 19 & Aug 4

### SPORTBALL OUTDOOR SOCCER (4–6 YRS)

Develop skills and learn new techniques focusing on soccer. Children are taught fundamental concepts of game play including throw-ins, dribbling, trapping, passing, goalie skills and more. These non-competitive programs promote teamwork for kids looking for fun, not competition.

<b>Oaklands Community Centre</b>	<b>6/\$84</b>
55016 Th Apr 5–May 10	6–7 pm
55017 Th May 17–Jun 21	6–7 pm

<b>Oaklands Community Centre</b>	<b>9/\$146</b>
55018 Th Jul 5–Aug 30	6–7 pm



# FAMILY ACTIVITIES & SPECIAL EVENTS

## OAKLANDS MAKE & TAKE CONTAINER SERIES

Join us for a series of fun, hands-on workshops and create a planter to take home. Please bring your own pot if you have one, otherwise we will have some options available. All supplies and plants included. Children aged 8 and under require adult participation.

<b>Oaklands Community Centre</b>	<b>1/\$25</b>
Succulent Planter	
55035 Su Apr 15	10 am–12 pm
Mother's Day Planter	
55036 Su May 13	10 am–12 pm
Teacher Appreciation Planter	
55037 Su Jun 17	10 am–12 pm

## PLAY IN THE PARK

Bring the whole family for an afternoon of crafts, stories, games and activities. Join us on Tuesday afternoons in July and August in parks throughout Oaklands to enjoy some fun in the sun, get active and connect with your neighbours. Follow us on Facebook or check our website at [www.oaklandscommunitycentre.com](http://www.oaklandscommunitycentre.com) for weekly locations.

<b>Oaklands Community Centre</b>	<b>By Donation</b>
Tu Jul 3-Aug 28	4–6 pm

## COMMUNITY DINNER AND GAMES NIGHT

Come join us for a community-centred evening the last Sunday of the month except July, August and December. Meet your neighbours, share a meal and have a laugh while playing cards and board games. All ages welcome.

<b>Oaklands Community Centre</b>	<b>By Donation</b>
Su Apr 29	5:30–7:30 pm
Su May 27	5:30–7:30 pm
Su Jun 24	5:30–7:30 pm



## YOGA FOR FAMILIES (3–7 YRS)

Enjoy this fun opportunity to play with your kids while learning poses and games that can be revisited in your day-to-day life. Learn how to engage your kids in yoga games, move to music, relaxation and breathing exercises and partner yoga. This is a parent participation class.

### Oaklands Community Centre 5/\$45 or Drop-In \$11

55044 Su Apr 8–May 6	10–10:45 am
55200 Su May 13-Jun 17	10–10:45am
*No Class May 20	

## ZUMBA FOR FAMILIES

Zumba is a Latin dance-inspired fitness craze around the world! Stay fit - have fun with your kids or with your whole family, with your partner, or grandparents. Everyone welcome. Enjoy ZUMBA®, increase your energy level, improve cardio and endurance with awesomeness and fun! Kids 12 and under free!

### Oaklands Community Centre 5/\$45 or Drop-In \$12

55021 Sa Apr 7–May 5	9–9:45 am
55022 Sa May 26–Jun 23	9–9:45 am

**Oaklands Community Association** presents:

# Community Dinner & Board Games Night

**Last Sunday of the Month**  
(except Dec, July & Aug)

Sep 24, Oct 29, Nov 26, Jan 28, Feb 25  
Mar 25, Apr 29, May 27, Jun 24

**5:30 - 7:30 pm**  
(by donation)

Oaklands, spend an evening with your neighbours.  
We'll take care of dinner. All ages welcome.  
Stay for some quality game and play time afterwards.

At Oaklands Community Centre  
1-2827 Belmont Ave, Victoria BC | (250)-370-9101  
More info at: [www.oaklandscommunitycentre.com](http://www.oaklandscommunitycentre.com)