

CHILDREN'S PROGRAMS (AGES 5-8 YRS)

ARTS - CREATIVE & PERFORMING

CHILDREN'S ART TIME - CREATING DRAGONS (6-12 YRS)

This class focuses on drawing and painting through creating dragons. After learning the principles of drawing using basic elements of lines, shapes, spaces, textures, colours, and forms, students discover the importance of self-expression in the creative process. Focusing on each child's unique imagination and point of view, we explore co-creation and experiment with tools like markers, pastels, and different pencils. Through seeing their classmates' work, children gain a collective sense that will enrich their self-awareness.

Oaklands Neighbourhood House 6/\$90

Tu Apr 9-May 14 5:45-6:45 pm

Tu May 21-Jun 25 5:45-6:45 pm

CREATIVE BALLET & JAZZ (5-7 YRS)

A dance class that will incorporate basic ballet technique with the high energy feel of jazz dance. Creativity and fun are the focus, while still building on the basics of technique and movement. Instructor: Pirouette Dance Studio

Oaklands Community Centre 7/\$63

Sa Apr 13-Jun 22 10:30-11:15 am

*No class Apr 20, May 4, May 11 & May 18

DO YOU HAVE AN IDEA?

We often add programs based on interest from our community. If you have an idea for a program that you would like to see offered or if you'd like to teach a program or workshop contact our Programs Coordinator at 250-370-9101 ext.2 or programs@oaklandsc.ca

HEALTH & WELLNESS

KIDS AT TENNIS SOCIETY (KATS) TENNIS LESSONS (5-8 YRS)

The Society for Kids at Tennis (KATS) provides free tennis lessons and equipment to families experiencing financial barriers. Using the "progressive tennis" approach recommended by Tennis Canada, the KATS program uses smaller racquets and courts, lower nets, and low compression balls. This approach helps kids to develop confidence in their ability to hit the ball, learn quickly, and most of all, have fun playing the sport! Kids will be introduced to the fundamental skills which form the foundation for future development. Please contact us for application forms. Classes subject to last minute cancellation due to rain.

Oaklands Park Tennis Courts (on Kings road) 10/FREE

Th Apr 18-Jul 11 4-5 pm

Th Jul 18-Oct 10 4-5 pm

RICHARDSON SPORT LITTLE ATHLETE IN TRAINING (6-9 YRS)

This 10 sport program introduces your child to the foundational movement skills required for hockey, baseball, soccer, volleyball, basketball, and more! Leaving competition on the sidelines, this program uses connections to your child's world to teach sports. NCCP certified instructors use games, songs and positive reinforcement, to ensure that your child experiences the joy of learning in a comfortable, sporty environment.

Oaklands Community Centre 6/\$84

M Apr 8-May 27 5:45-6:45 pm

M Jun 3-Jul 15 5:45-6:45 pm

M Jul 22-Sep 9 5:45-6:45 pm

*No class Apr 22, May 20, Jul 1, Aug 5 & Sep 2

Oaklands Community Centre 8/\$112

Sa Apr 13-Jun 22 11:30 am-12:30 pm

Sa Jul 6-Sep 7 11:30 am-12:30 pm

*No class Apr 20, May 11, May 18, Aug 3 & Aug 31

CHILDREN'S PROGRAMS (AGES 5-8 YRS)

RICHARDSON SPORT ME & MY COACH (4-6 YRS)

This 10 sport program introduces your budding athlete to the foundational movement skills required for hockey, baseball, soccer, volleyball, basketball, and more! Leaving competition on the sidelines, this program uses connections to your child's world to teach sports. NCCP certified instructors use games, songs and positive reinforcement, to ensure that your child experiences the joy of learning in a comfortable, sporty environment.

Oaklands Community Centre		8/\$112
Sa	Apr 13–Jun 22	10:30–11:30 am
Sa	Jul 6–Sep 7	10:30–11:30 am
*No class Apr 20, May 11, May 18, Aug 3 & Aug 31		

RICHARDSON SPORT ME & MY COACH OUTDOOR SOCCER (4-6 YRS)

This high-energy program introduces your child to fundamental soccer skills including dribbling, shooting, passing, and more! Leaving competition on the sidelines, this program uses connections to your child's world to teach the game of soccer. NCCP certified instructors use games, songs and positive reinforcement, to ensure that your child experiences the joy of soccer in a comfortable, sporty environment.

Oaklands Community Centre		6/\$84
Th	Apr 4–May 9	5:15–6 pm
Th	May 16–Jun 20	5:15–6 pm
Th	Jun 27–Aug 1	5:15–6 pm
Th	Aug 8–Sep 12	5:15–6 pm

RICHARDSON SPORT OUTDOOR SUPER SOCCER STAR (6-10 YRS)

This high-energy program introduces your child to fundamental soccer skills, such as dribbling, shooting, passing, and more! Leaving competition on the sidelines, this program uses connections to your child's world to teach the game of soccer. NCCP certified instructors use games, songs and positive reinforcement, to ensure that your child experiences the joy of playing soccer in a comfortable, sporty environment.

Oaklands Community Centre		6/\$84
Th	Apr 4–May 9	6–7 pm
Th	May 16–Jun 20	6–7 pm
Th	Jun 27–Aug 1	6–7 pm
Th	Aug 8–Sep 12	6–7 pm

OUTDOOR RECREATION

WILD ABOUT WEDNESDAYS (5-10 YRS)

This weekly outdoor program explores the parks and green spaces in Oaklands and the Greater Victoria area. Join us in the great outdoors to learn about the natural world through active, hands-on activities like hiking, playing nature games, crafts, fort-building, and more! Spending time outside helps kids build confidence and creativity, teaches responsibility, and benefits physical and mental health. Snack included.

Oaklands Community Centre		Drop-in/\$10
W	Apr 10–Jun 26	3–5 pm